

YOUR MENU THIS WEEK



WEEK COMMENCING
29.08.2022
19.09.2022
10.10.2022
07.11.2022
28.11.2022
02.01.2023
23.01.2023

WEEK ONE

Available daily

Handmade Bread (1,3,6) (mc 11), Fresh Salad & Fruit
Jacket Potatoes with Beans, Cheese (1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato pizza(v) (1,3,6) (mc 11)	Beef bolognese with 50/50 pasta (3)	Roast chicken & gravy	Pork sausage hot dog with ketchup (3,12)(mc 7)	Fish fingers (2,3)
PLANT POWER	Chickpea, spinach & potato curry with 50/50 rice (v) (1)	Red lentil & vegetable bolognese (ve) (3)	Cheesy cauliflower & squash bake (v) (1,3,14)	Quorn hot dog with ketchup (ve) (3) (mc 7)	Broccoli, tomato & cheddar topped focaccia (v) (1,3,6) (mc 11)
SIDES	Sweetcorn Baked beans Garlic & herb potatoes	Carrots Green beans	Roast potatoes Medley of vegetables	Baked potato wedges Sweetcorn, Winter slaw (11)	Chips Baked beans Peas
PUDDINGS	Cherry & vanilla shortbread (3,12)	Marbled sponge (1,3,11) with chocolate sauce (1)	Rice pudding with fruit compote (1)	Wholemeal caramel apple crumble (1,3) with custard (1)	Fruit jelly (12)

Allergn Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard.

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

